

# Baked Carrots

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## Ingredients:

4 cups of carrots, sliced.

½ cup of water.

6 tablespoons of butter.

2 tablespoons of sugar.

1 teaspoon of nutmeg.

1 teaspoon of salt.

## Preparation:

In a casserole dish, mix the sugar, nutmeg and salt with water.

Add the carrots and dab them with butter.

Bake at 350°F (175°C) for 10 minutes, stirring after 5 minutes.

Allow to rest for 3-4 minutes.

Serve.