

# Glazed Carrots

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## Ingredients:

2 ½ cups of carrots, sliced.  
2 tablespoons of butter.  
2 tablespoons of brown sugar.  
1 teaspoon of orange peel, grated.  
½ teaspoon of salt.

## Preparation:

Cook the carrots in hot water until they are tender. Drain.

Melt the butter in a suitably sized stainless steel skillet.

Add the cooked carrots, sugar, grated orange peel, salt.

Cook over a medium heat, stirring constantly, until carrots are glazed.

Serve as desired.